

ABOUT Us

Established in 1950, the Mental Health Association of Monmouth County is an affiliate of the national nonprofit Mental Health America. Our professional staff has been on the forefront of creating a meaningful system of mental health care that strategically focuses on eliminating social barriers and mental health discrimination.

With over 15 programs and services, we create healthy communities for the future.

IMMEDIATE HELP:

If you are experiencing a mental health emergency, dial **911**.

24-HOUR CRISIS RESPONSE:

- National Suicide Prevention Lifeline **(800) 273-8255**
- Crisis Text Line: **741741**
- Psychiatric Emergency Screening Services (PESS): **(732) 923-6999**
- Early Intervention Support Services (adults): **(732) 922-1042**

Our PROGRAMS

HOUSING & FINANCE

- Financial Success Center
- Housing Navigation
- Red Bank Resource Network

CASE MANAGEMENT

- Community Support Services
- Family Crisis Intervention Unit
- PATH

EDUCATION

- *Lifelines* Suicide Prevention
- Mental Health First Aid (MHFA)
- SURE Program

COUNSELING

- Intensive Family Support Services
- Navigate Wellness Counseling

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Family Crisis
**INTERVENTION UNIT
& WRAPAROUND**
Services

to **STABILIZE**
YOUTH IN CRISIS and



encourage **POSITIVE
DEVELOPMENT**



Mental Health Association
of Monmouth County

An Affiliate of

MHA
Mental Health America

About the PROGRAMS



SERVICES offered



Client ELIGIBILITY



Children's mental health matters, and promoting a child's mental health means helping them feel secure, relate well with others, and foster their growth at home and school.

FAMILY CRISIS INTERVENTION UNIT

Stabilizes youth (10-17) in crisis and encourages positive development through connections to community resources, interpersonal relationships, and academic success.

PARENT-CHILD CONFLICT RESOLUTION

Free in-home counseling and case management for children with behavioral difficulties, with a focus on improved academic performance and reduced family conflict.

Our licensed clinicians assess behaviors and prevent involvement with the juvenile justice system.

Intensive services include, but are not limited to:

- Trauma-informed counseling for individuals and families
- Comprehensive assessment
- Community linkage
- Case management
- Referrals for other resources and services

Family Crisis Intervention Unit is available 24/7, providing crisis intervention, stabilization, and short-term family treatment. Services may be provided in the family's home.

When all community resources have been exhausted and the child's difficult behavior persists, FCIU may request court involvement.

DIRECT REFERRAL

Family Crisis Intervention Unit is available to Monmouth County youth ages 10-17.

FCIU Hotline:
(732) 542-2444
(732) 996-7645 (after 5pm)

NON-DIRECT REFERRAL

Parent-Child Conflict Resolution referrals are made through the Family Crisis Intervention Unit and Monmouth County schools.

Youth ages 10-17 are eligible to receive up to 16 weeks of in-home counseling and case management.