

**Mental Health Association  
of Monmouth County**

*An Affiliate of*



## **SUPPORT FOR SIBLINGS**

**Tuesday, March 19<sup>th</sup>  
12:30pm—2:30pm**

*“Support for Siblings” offers a safe place for siblings ages 14-28 to share their experience(s) as a sibling to someone who suffers from mental illness. This unique role can often leave individuals feeling neglected, angry and misunderstood.*

*The Sibling Group is facilitated by Magan Moskowitz-Lee, LCSW Family Support Specialist. Magan recognizes this hardship and will use her clinical expertise to guide the group in feeling comfortable when discussing what can be a very difficult topic. If you’d like to share, provide feedback or just listen...all are ok...*

*Pizza, healthy snacks and beverages will be provided!*

**Location: MHA of Monmouth County  
119 Avenue at the Common – Suite 5  
Shrewsbury, NJ 07702**

**\*\*Please contact Dustin Knoblauch to register\*\***

**732-542-6422 Ext. 103**

**[DKnoblauch@mentalhealthmonmouth.org](mailto:DKnoblauch@mentalhealthmonmouth.org)**

**This Event is Sponsored By: The Mental Health Association of Monmouth County**